



M-Level Systems: M-Guide Reach New Levels

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This Month, M-Guide Focuses On. . . **The High Achiever.**

High Achievers at the top of their game want more than just casual success.

So how do you know if you are a High Achiever and how can it potentially increase stress and limit your success?

Do You Push Your Team Hard To Obtain Results?

Do You Set High Standards for Your People. . . Although They Rarely Measure Up?

Is Your Confidence Often Mistaken for Arrogance By Your Peers or Subordinates?

These Can Be The Calling Cards Of High Achievers. . .

What is a High Achiever?

High Achievers are entrepreneurial individuals who have accomplished great things, though they can feel isolated when it comes to getting advice, brainstorming, or getting the feedback they crave.

High Achievers see themselves as experts in their fields and do not necessarily identify with their peers, or trust them enough to share confidential business quandaries.

As a result, objective and confidential feedback is hard to come by. Often they hire a business coach or look to an outside source as a sounding board for ideas and solutions.

Sometimes these go getters limit the empowerment of others in

regard to decisions, suggestions, or feedback. What looks like a staff that is unqualified or stuck in neutral can actually be linked to fear of the boss.

The High Achiever often wants great success for the business and its people, but can unknowingly paralyze his or her staff with a dictator like leadership style that can easily be side stepped by putting the right systems in place.

. . . Read on for Key High Achiever Strategies

Increase Productivity. . . Decrease Stress

Strategies To Get Your Staff In Gear. . .



***Share your vision with your team:** and with it, the difficult goals that are connected.

***Create a team culture:** Transform finger pointing accountability into team solutions.

***Invite your people to participate in decisions:** Then listen carefully.

***Document all ideas:** Create brainstorming sessions that take place without you.

***Identify skill gaps:** Then train or hire to fill in the knowledge, skills, and abilities the business needs.

***Advance your leadership to partnership** with your people.

Although it's not easy for high achievers to loosen the reigns, giving up partial control is sometimes actually the way to gain control of the business and eliminate stress, with innovation and progress as icing on the cake.

Sometimes, we just need to get out of our own way for change to take place.

. . . Read on to find out if you behave like a High Achiever

Are You A High Achiever?

Some Common High Achiever Behaviors



***Highly Committed:** They are driven to attain what they set out to accomplish.

***Demanding:** These individuals push themselves and their teams hard to attain results.

***Avoid The Comfort Zone:** They continue to advance their skills regardless of their level.

***Progressive:** High Achievers stay on the cutting edge of information and technology.

***Results Oriented:** The habit of setting difficult goals has aided them in getting to where they are.

***High Standards:** They expect and provide a high level of service and value scientifically validated knowledge.

***Extremely Self Confident:** Their great confidence is often mistaken for arrogance by peers or subordinates.

If several of these behaviors apply to you, then you may be a candidate for High Achiever Coaching, or perhaps you know someone for whom many of the descriptions fit.

I would like to add a fitting quote. . .

"Dictatorship-a fetish worship of one man-A state of society where men may not speak their minds. . . such a state of society cannot long endure."

Winston Churchill



I Would Like to Take a Moment to Wish All of You Happy Holidays and a Fantastic New Year!

Cheers and Best Wishes!

Diana

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More About Our Consulting Services

Free Strategy Guide: Assess Your Business

Subscribe to M-Level Systems Business Coaching Newsletter at www.mlevelsystems.com.

The culture for M-Guide is participatory, meaning that we would like to hear from you in regard to feedback, questions,

and input from your related experiences.

About M-Level Systems Consulting and Diana Keith

M-Level Systems trains, consults, and coaches organizations, entrepreneurs, and non-profits on improving performance and business success. Diana Keith, is an industrial-organizational (I-O) psychologist, an experienced entrepreneur, and has successfully developed organizations for eighteen years.

M-Level Systems. . . Mutual Partnership For Innovation and Progress

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